



Course Outline/Timeline

Public Agency Defensive Driving

The following topics are presented in a lecture/discussion format.

1. Driver Safety Concepts **(20 minutes)**
 - Accidents vs. crashes, collisions, and wrecks
 - Driver responsibilities
 - What is “defensive driving?”
2. Getting Prepared **(40 minutes)**
 - Causes and risks of drowsy driving
 - Limitations of illness
 - Vehicle inspections
 - Vehicle safety kit and safety equipment
3. Driving Techniques **(55 minutes)**
 - Speed: Oregon speed limits, “basic rule,” risks
 - Following distance and safety cushion
 - Freeway driving
 - Intersection safety
 - Stopping distance, reaction time, scanning ahead, changing lanes, blind spots.
 - Passing safely
 - Using cruise control and when not to use it
 - Avoiding a head-on crash
 - Work zones
 - Distracted driving
4. Sharing the Road **(45 minutes)**
 - Pedestrians, including at crosswalks and in school zones
 - Bicycles, motorcycles, and recreational vehicles
 - Trucks, buses, and emergency vehicles
 - Aggressive drivers
5. Special Conditions **(55 minutes)**
 - Weather: risks and keys to safety, special braking, preparation, hydroplaning
 - Driving under the influence of intoxicants
6. Parking and Backing **(20 minutes)**
 - Statistics, risks, safety steps
7. Resources **(5 minutes)**